# **FIRMING** Program to treat the loss of tone

Professional treatment created to firm and tone the skin. The mix of components works in synergy to firm the skin and improve the skin microcirculation; also ideal for improving the appearance of recently formed stretch marks.





# THE KIT CONTAINS

144Glycolic AcidHigh TensTerm Repair	4 Firm Up	4 Lift Plus	
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## INFO

Full instructions inside the kit. FOR BEST RESULTS COMBINE WITH WaveShape.



## HOW TO USE

## 1 - PREPARATION

Leave the closed package of the bandages in a bowl with hot water for 2 minutes. Open it, wring the bandage and collect the excess liquid in another bowl.

## 2 - PEELING

Prepare the client for the session with a peeling by spraying Glicolyc Acid first on the hands and then on the area of the body to be treated. Leave to act for 4 minutes and remove the residue with a damp cloth.

## **3 - ACTIVATION**

Apply the content of the ampoule on the critical points and massage gently until it is completely absorbed.

## 4 - SHOCK ACTION

Apply the bandage on the area of interest following the recommended procedures:

## ABDOMEN AND GLUTEALS >

bandage each leg starting from above the knee up to the abdomen, joining the two bandages together.

LEGS AND GLUTEALS >

bandage each leg starting from the ankle up to the abdomen, joining the two bandages together.

ARMS >

bandage each arm starting from the wrists to the shoulders.

### BREAST >

Starting from the upper part of the abdomen, bandage the breasts crossing the back of the neck.

Then proceed with the application by spreading the previously stored liquid with a brush (point 1). Wrap the client with cartene and leave on for 30 minutes.

## 5 - FINAL MASSAGE

Conclude the treatment with a draining massage using the specific Arosha cream.

## TOTAL TREATMENT TIME

60 minutes.

## **COMBINABLE WITH**

- Pressomassage
- Electrostimulation/Ultrasound
- Infrared
- Vibrating platform

NOTE: Before applying the Glycolic Acid it is recommended to proceed with a mechanical peeling using the Arosha body brush. Thanks to its vegetable fiber bristles and specific movements, it is not only an excellent tool for peeling but also helps to stimulate the lymphatic system with an energizing effect.

\*The client is advised not to take a shower for the next 3 hours, to ensure the action of the active ingredients even after the treatment.

#### PRODUCTS AND PROTOCOLS

Session	1	2	3	4	5	6	7	8	Session	1	2	3	4	5	6	7	8
Treatment	lift plus	firm up	Treatment	lift plus	lift plus	firm up	firm up	lift plus	lift plus	firm up	firm up						
Vial	HT	TR	HT	TR	HT	TR	HT	TR	Vial	HT	ΗT	TR	TR	HT	ΗT	TR	TR
2 sessions/week								1 session/	week								

## NOTES



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