

CELULITE GRADING GUIDE

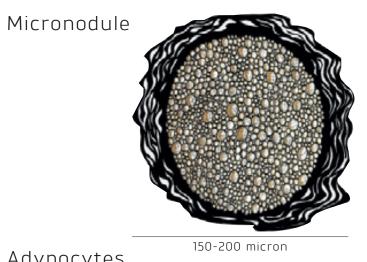
Cellulite is a dysfunction unable to be solved spontaneously



OEDEMATOUS

FIBROUS

Description



Defensive reaction of the fibrils which grow thicker and surround the blood vessels (capillary strangulation) ■ FORMATION OF THE FIRST MICRONODULES ■ HARDENING OF DERMIS CONNECTIVE TISSUE

When Appears

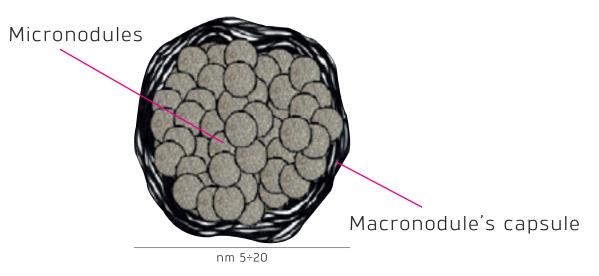
Approx. 30-45 years Sedentary lifestyle ■ Incorrect nutrition

Where Appears

Outside surface of the thighs (coulottes de cheval) Buttocks Ankles ■ Inside of the knee Arms

SCLEROTIC

Description



- The fusion of several micronodules generates the macronodule
- Increase of dermal tension
- CUTANEOUS AGEING
- FORMATION OF MACRONODULES

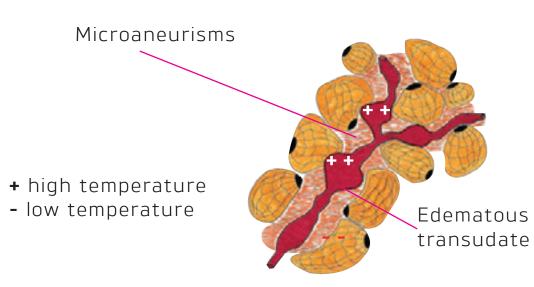
When Appears

- Approx. 45 years + onwards
- Sedentary lifestyle
- Too rapid loss of weight
- Incorrect nutrition

Where Appears

- Ankle and calfs
- Thighs, internal thighs
- Buttocks
- Arms
- Abdomen
- Back

Description



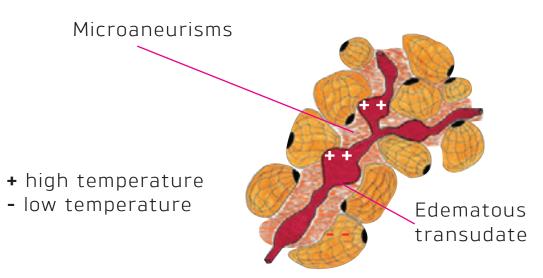
Limphatic and blood vessels work well ■ No water retention ■ Good cellular oxygenation

MICROCIRCULATION IN GOOD CONDITION

When Appears

Very young woman Woman with android physiology

Description



Major viscosity of the interstitial fluids Multiplication and growth of adipocites ■ Tissue Edema MICROCIRCULATORY ALTERATIONS **OBSTRUCTED BLOOD VESSELS**

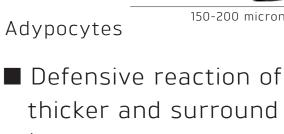
When Appears

- Approx. 20-30 years
- Sedentary lifestyle
- Incorrect nutrition

Where Appears

Hips

- Outside surface of the thighs (coulottes de cheval)
- Ankles and calfs
- Buttocks
- Inside of the knee
- Arms



Thermography Analysis

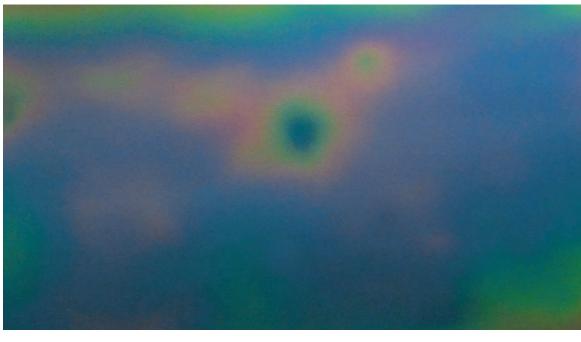
Thermography Analysis

Thermography Analysis

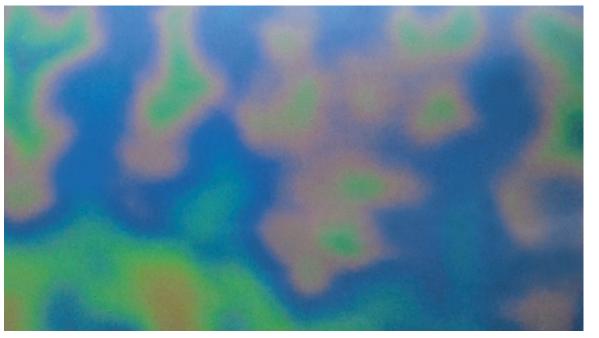
Thermography Analysis



Uniform image -> Absence of cellulite



Hyperthermal patches with blurred edges (presence of blood stasis) surrounded by cooler haloes (reduced blood supply). Mottled image -> oedematous cellulite



Numerous hyperthermal patches (blood stasis) with sharp edges, distributed irregularly in a generally cold area (micronodules). Leopard skin image -> fibrous cellulite (micronodules)

Visual Analysis

Spontaneous dimpling (Mattress-like appea rance) when the person is standing, but it is no longer visible when lying down Dry skin

Tactile Analysis

The pinch test reveals:

- Mattress-like appearance
- Micronodules
- Pain

Black or brown surfaces (hypothermal- macronodules) adjacent to hyperthermal patches of various size (venular-venous stasis). Black holes thermographic image -> sclerotic cellulite (macronodules)

Visual Analysis

- Spontaneous dimpling (Mattress-like appearance) when the person is standing and lying
- Sagging tissue
- Purplish color

Tactile Analysis

The pinch test reveals:

- Hypothermia
- Pain
- Cold feet

Visual Analysis

■ Tissue in good condition

Visual Analysis

- Soft and dry skin
- Swelling tissue, oedematous tissue
- Soft dischromia
- Woman with android physiology
- No dimpling when the person is standing

Tactile Analysis

The pinch test reveals: ■ Soft mattress-like appearance ■ Slight pain Hypothermia

Tactile Analysis

The pinch test reveals: ■ "Folds and furrows"

■ No mattress-like appearance

