



LIFTING & CONTOURING

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Clean the face before applying. Open the sachet and remove the mask. Apply the serum within the sachet using a light massage. The biocellulose mask is between 2 films. Once the mask is removed from the sachet, remove the outer film, apply the mask to the face then remove the second film. Ensure the mask perfectly adheres to the entire face, including the eyes, and leave on for 20-30 minutes. Remove the mask and gently dab with the palm of the hands to facilitate the absorption of any residue.



PROBLEMS

- Premature ageing
- Deep expression lines and wrinkles
- Signs of sagging of the face



EFFECTS

- Lifting. Compactness
- Anti-age



Cod. Art.: ARO501002

THE KIT CONTAINS

1
Transfer Boost

4
Active Charge

4
Biocellulose Mask
Lifting & Contouring

INFO

The kit comes with detailed instructions.

The application of products for home use reinforces the effectiveness and results.

FOR BEST RESULTS

The kit was created for one customer only. Proceed as follows:

- 4 professional sessions in the salon (one per week)
- 1 application per week at home of the biocellulose Lifting & Contouring Mask for 3 weeks
- Daily home application of the Lifting & Contouring Cream (morning and night).



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HOW TO USE

1. Cleanse the face, neck and décolleté with Arosha Cleansing Milk 101. Rinse.
2. Apply Arosha Tonic 102 with a cotton wool pad, gently patting over the face, neck and décolleté.
3. Proceed with the preliminary or regenerating cleansing in accordance with the session:
SESSION I (preliminary cleansing) >
 - a. Pour two-thirds of the Arosha Vitamin C vial into a small container before applying to the face using a brush. Facilitate absorption by repeatedly and gently pressing the palms of the hands onto the face until it is absorbed (wearing gloves is recommended).
 - b. Pour the rest of the Arosha Vitamin C vial into the container and add 4-5 measures of the Arosha Derma Peel. Use the brush to mix and apply to the face.
 - c. Repeatedly and gently press with the palms of the hands: 2-3 minutes for sensitive or delicate skin, 5 minutes for normal or oily skin. As time passes, the mixture will become sticky and create filaments between the skin of the face and the palms of the hands, with dead cells becoming trapped in these filaments. Microcirculation is stimulated thanks to this manual "pneumomassage", oxygenating the tissue and favouring the activity of subsequent treatments.
 - d. Rinse off thoroughly with lukewarm water.**SESSION II, III, IV (regenerating cleansing) >**
 - a. Apply 3-4 sprays of Arosha Glycolic Peel.
 - b. Pat gently with the palms of gloved hands for one minute.
 - c. Rinse off with water.
4. Shake the Active Charge well and gently apply to the face and neck.
5. Apply the Biocellulose mask as instructed, removing it after 20-30 minutes.
6. Finish the treatment by applying a layer of specific cream.

*MESOTONIC MASSAGE (steps):

FOREHEAD >

place the hands on the forehead then apply static and light pressure 3 times in the direction of the hairline. Repeat 3 times. Slowly work towards the temples, holding for 5 seconds.

BENEATH THE BROWS >

position the hands under the eyebrows and apply light and static pressure 3 times in the direction of the hairline. Repeat 3 times. Slowly work towards the temples, holding for 5 seconds.

EYE CONTOUR >

place the finger in a V around the eyes. Apply light and static pressure, towards the temples. Repeat 3 times. Slowly work towards the temples, holding for 5 seconds.

ZYGOMATIC AREA >

place the hands on the cheekbones (decrease the pressure in the presence of rosacea) and apply light pressure 3 times, working in the direction of the temples. Repeat 3 times. Slowly work towards the temples, holding for 5 seconds.

SUBZYGOMATIC AREA >

place the hands under the zygomatic bone and apply light and static pressure 3 times in the direction of the temples. Repeat 3 times. Slowly work towards the temples, holding for 5 seconds.

ORBICULARIS ORIS >

place the fingers in a V around the lips. Apply light and static pressure 3 times on the orbicularis oris. Repeat 3 times. Work towards the temples, holding for 5 seconds.

SIDES OF THE FACE >

cup the hands over the sides of the face. Apply light and static pressure 3 times, working towards the temples. Repeat 3 times. Work towards the ears and continue towards the temples. Remain for 5 seconds. Repeat the massage for 10 minutes.

NOTES



Watch the tutorial on the Youtube channel:
AROSHA FACE-METHOD OF APPLICATION-Peel & Detox, Lifting and Anti-age