# TECH / BODY



### **PRESSOTHERAPY**

Intermittent compression is a simple treatment where pneumatic cuffs, connected to a pump, are applied to limbs. It offers sequential inflation which promotes venous and lymphatic system movement and metabolism. After deflation, there is a time interval before re-inflation. The operation of the inflation and deflation is repeated until the time is finished or the stop button is activated. The application of light pressure and long strokes increases the flow through lymphatic system, which can flush the toxins from the body, cleaning the overall lymphatic system.

Adding the Arosha bandage into the protocol means to provide focused ingredients for even better long-term results in shorter time.

## **Pressotherapy Benefits:**

- 1. Toxin removal.
- 2. Improve lymphatic drainage and immune system: the lymphatic system collects toxins and takes through the filtration systems that are the lymph nodes. Keeping the system working efficiently means you're less likely to suffer with minor ailments, such as colds and flu viruses.
- 3. Reduce swelling in tissue: body slimming.
- 4. Avoid build up of cellulite and reduce the light grades of cellulite: the orange peel skin effect can be an unfortunate consequence of crushing the lymphatic channels in feet and hands, preventing through circulation. It's possible to partially reverse the process, but it's better to catch it early with regular treatments. With bandage+lymphatic drainage we can achieve up to 2 grades loss of cellulite appearance. The anticellulite cocktail in the bandages based on caffeine, escine, guarana, Asiatic centella, fucus algae extract and many more work in synergy to melt fat from inside and boost excess fluid which is then pulled away by drainage action of the device.
- Massage effect: clients will feel like a real massage on the body. You can even adjust the frequency, faster or slower, which a man's hand cannot always do manually.
- 6. Smooth the skin: improve blood circulation, nutrition/oxygen transportation.

For more information see the USER AND MAINTENANCE MANUAL

# TECH / BODY

# LX9

# Pressomassage device

AROSHA LX9 is an easy high class portable model with a compact design and effective programs for lymphatic drainage, circulation or muscle massage. The working principle is that the main body of the machine blows the air to the 4 chambers accessories: arm cuff, legs cuff, waist cuff and center body cuff.





Cod. Art.: ART101018



#### **FUNCTION**

- Portable instrument
- Easy to install and operate
- Easy to use



#### **CHARACTERISTICS**

- · 4 selective programs
- Pressure range: 27 267 hPa
- Time range set up: 5 90 minutes
- Holding time: 0 6 seconds



### **EQUIPMENT**

- 1 Device
- 2 Legs cuff with 4 chambers
- 1 Waist cuff with 4 chambers
- 1 Tube with a single exit
- 1 Double outlet tube
- 1 Hose splitter
- 1 Custom black bag



### **OPTIONAL**

- Center body cuff with 4 chambers
- Arm cuff with 4 chambers
- Extension for arm cuff
- Extension for leg cuff



2 "one touch" leg cuff



Waist cuff "one touch"



Center body cuff "one touch"



Arm cuff "one touch"

## **INFO**

Dimensions of the device: 26x16x120 cm

Weight: 2 Kg

CE certified product

Read the instruction manual for all information..

# PROTOCOLS OF USE AROSHA LX9

| Clinical cases             | Duration of session | Mode<br>selection | Pressure<br>(mmHg) | Speed | Suggested cuff                       |
|----------------------------|---------------------|-------------------|--------------------|-------|--------------------------------------|
| Fibrouse cellulite         | 30-35 min           | В                 | 80 - 173 hPa       | 3     | Drainage set or center body cuff     |
| Oedematouse cellulite      | 40 min              | В                 | 80 - 173 hPa       | 3     | Drainage set or arm cuff             |
| Adiposity                  | 30-35 min           | В                 | 80 - 173 hPa       | 3     | Drainage set or center body cuff     |
| Lymphatic full drainage    | 35-40 min           | В                 | 40 - 80 hPa        | 3     | Drainage set                         |
| Lymphatic partial drainage | 30 min              | В                 | 40 - 80 hPa        | 3     | Leg cuff<br>or arm cuff              |
| Detoxification             | 30 min              | В                 | 53 - 107 hPa       | 3     | Drainage set or arm cuff             |
| Circulation improvement    | 30 min              | С                 | 53 - 107 hPa       | 3-4   | Drainage set or arm cuff             |
| For elastic skin           | 30 min              | С                 | 53 - 107 hPa       | 3-4   | Leg cuff or drainage set or arm cuff |
| Antistress                 | 20-25 min           | С                 | 40 - 107 hPa       | 3-5   | Leg cuff<br>or drainage set          |
| Massage                    | 30 min              | А                 | 80 - 173 hPa       | 2     | Leg cuff or drainage set or arm cuff |
| Cold feet or hands         | 25-30 min           | А                 | 53 - 133 hPa       | 3-4   | Leg cuff<br>or arm cuff              |
| Exercise effects           | 20 min              | А                 | 80 - 133 hPa       | 3-4   | Leg cuff<br>or drainage set          |
| Arrangement Pelvis         | 30 min              | D                 | 107 - 160 hPa      | 3     | Drainage set                         |

Adding the Arosha bandage in the protocol means providing targeted active ingredients for even better results in the long term and in shorter times.