# **PRODUCTS**

## .200 NIO DRAIN+

### Intensive draining programme

Professional treatment of the second RESTORE phase of the Arosha method specially designed to stimulate the skin microcirculation and help the lymphatic system to drain toxins and excess fluids responsible for water retention, swelling and oedematous cellulite.





#### **PROBLEMS**

- Bad skin microcirculation
- Water retention
- 5Heavy legs



#### **EFFECTS**

- Vasoprotective
- Draining



Cod. Art.: ARO101010

### THE KIT CONTAINS

4 Nio Active 4 Nio Synergy 4 Nio Aquadrain

#### **INFO**

One kit one client.

.200 NIODRAIN<sup>+</sup> is a fundamental step after the Reset phase and an indispensable precursor for the treatments of the Attack phase. It can be offered to customers of any age and it is suitable for all skin types, including the most sensitive.

To maximize the results obtained in cabin, it is recommended to apply .501 NIO DRAIN intensive draining gel cream as home treatment, in the morning and in the evening.

Complete instructions inside the kit and on the following page.





#### **HOW TO USE**

#### 1 - PREPARATION

Place the two sachets .201 NIO ACTIVE and .203 NIO AQUADRAIN in a bowl with hot water for 2 minutes. In the meantime, it is recommended to prepare the client for the session by performing a mechanical dry peeling on legs, abdomen and back using the Arosha body brush. Spray .106 GLYCOLIC ACID on the area to be treated. Leave to act for 4 minutes and remove the residue with a damp cloth.

#### 2 - ACTIVATION

Open .201 NIO ACTIVE and empty the entire content of the sachet into a bowl together with a vial of .202 NIO SYNERGY. Mix the two products until a single homogeneous gel is obtained. Wait a few seconds for the system to activate and apply to the area to be treated by proceeding with the specific DRAIN PLUS MASSAGE, as illustrated in the tutorial.

#### 3 - SHOCK ACTION

Proceed with the application of the pre-soaked bandage .203 NIO AQUADRAIN. Bandage each leg starting from the ankles towards the abdomen, taking care not to tighten it too much. Wrap the client with a cartene pants and leave on for 30 minutes. It is recommended to use the treatment in combination with infrared and pressure therapy.

#### 4 - FINAL MASSAGE

Complete the treatment by massaging an adequate amount of draining cream .204 NIO DRAIN PLUS with wide and circular movements until completely absorbed.

#### **TOTAL TREATMENT TIME**

60 minutes.

#### **COMBINABLE WITH**

- Pressotherapy
- Infrared
- · Electrostimulation / ultrasound

#### **BEAUTY TIPS**

The customer is advised not to shower for the next 3 hours, to ensure the action of the active ingredients even after the treatment.

### **NOTES**





### .201 NIO ACTIVE

### Absorption promoter active serum

Serum gel developed with NIOCONTROL™ technology, an innovative delivery system based on Niosomes, that allow to make the functional principles more available and gradually released. Its formula based on Troxerutin, known for improving capillary elasticity, and its precursors of hyaluronic acid, which enhance deep hydration and increase connective permeability, favor the drainage of interstitial fluids and the absorption of active principles. Used in combination with Nio-Synergy, it improves the penetration of the active ingredients in the formula.





#### **PROBLEMS**

- · Bad skin microcirculation
- Water retention



#### **EFFECTS**

- Vasoprotective
- Draining
- Detox



Single-dose Sachet 50 ml

Product included in the kit and not sold individually

#### MAIN ACTIVE INGREDIENTS

#### NIOCONTROL™

Innovative delivery system based on Niosomes, that allow to make the functional principles more available and gradually released. In NIOCONTROL™ the natural active ingredients have a well-known biochemical mechanism of action at the level of skin cells. They are encapsulated in small elastic vesicles (Niosomes) which work as an effective release system and enhancer of skin penetration, thus increasing the bioavailability of the active ingredients in the skin and ensuring maximum effectiveness.

#### TROXERUTINA

Thanks to its extraordinary antiinflammatory, trophic and antioxidant action on the venous endothelium, it promotes capillary elasticity by improving skin microcirculation.

#### **GLYCACID ECO**

Biotechnological active consisting of mucopolysaccharide precursors with a high concentration of the basic monomer of Hyaluronic Acid. The small molecular size of Glycacid Eco favors intradermal penetration and constitutes a valuable source of raw material for the formation of medium molecular weight Hyaluronic Acid, which is particularly suitable for the retention of water in the connective tissue and therefore responsible for deep hydration. Glycacid Eco also induces an increase in connective tissue permeability, which is an important factor for the penetration of hydrophilic active ingredients. The increase in connective permeability promotes the drainage of interstitial fluids and the penetration of active ingredients that favor the decrease of the inflammatory state and the recovery of vascular circulation.

#### **INSTRUCTIONS**

Empty the content of the entire sachet into a bowl and mix together with .202 NIO SYNERGY until a homogeneous mixture is obtained. Apply on the area to be treated proceeding with the specific DRAIN PLUS MASSAGE, as per tutorial. See application protocol. Wash the hands thoroughly after use and avoid contact with eyes, mucous membranes and not intact skin. Rinse immediately in case of irritation.

PROFESSIONAL USE.



INGREDIENTS: AQUA (WATER), GLYCERIN, PROPANEDIOL, AMMONIUM ACRYLOYLDIMETHYLTAURATE/VP COPOLYMER, HYDROLYZED GLYCOSAMINOGLYCANS, POLYGLYCERYL-10 LAURATE, POLYGLYCERYL-6 OLEATE, TROXERUTIN, SORBITAN PALMITATE, HONOKIOL, MAGNOLOL, SODIUM HYDROXIDE, CAPRYLYL GLYCOL, HYDROXYACETOPHENONE, 1,2-HEXANEDIOL.

### .202 NIO SYNERGY

### Concentrated draining fluid

Precious blend of plant extracts with a strong draining action. Its formula based on Birch, Centella Asiatica, Horse Chestnut and Aescin, improve the elasticity and compactness of the vascular walls, promotes proper microcirculation and helps the lymphatic system to eliminate waste and excess fluids, counteracting water retention.





- · Bad skin microcirculation
- Water retention



#### EFFECTS

- Vasoprotective
- Draining
- Detox



Ampoule 5 ml

Product included in the kit and not sold individually

#### MAIN ACTIVE INGREDIENTS

#### **ESCIN**

Mixture of saponins present in horse chestnut particularly useful for the treatment of disorders related to adipose tissues. In particular, it performs an anti-inflammatory, antioxidant, lipolytic and vasotonic activity.

#### HORSE CHESTNUT EXTRACT

The phytocomplex obtained from different parts of the plant contains a mix of saponins very rich in components particularly useful for the treatment of disorders related to adipose tissues. In particular, it has an anti-inflammatory, antioxidant, lipolytic and vasotonic action.

#### **CENTELLA ASIATICA EXTRACT**

It improves skin microcirculation and exerts a draining action. Vasoprotective and venotonic.

#### **BIRCH EXTRACT**

It has a draining action, preventing venous problems and circulatory disorders in case of heavy legs, swelling, edema and lymphatic stagnation. It also has toning, astringent, elasticizing and soothing properties.

#### **INSTRUCTIONS**

Pour the contents of a vial into a bowl together with Nio-Active until a homogeneous mixture is obtained. Apply on the areas to be treated and proceed with the specific massage technique, as per tutorial. See application protocol. Wash the hands thoroughly after use and avoid contact with eyes, mucous membranes and not intact skin. Rinse immediately in case of irritation. PROFESSIONAL USE.



### .203 NIO AQUADRAIN

### Intensive draining bandage

Cosmetic treatment with important draining properties developed with NIOCONTROL™ technology, an innovative delivery system based on Niosomes that allows the functional principles contained to be made better and gradually available. Formulated with Birch and Magnesium Salts which counteract the stagnation of excess fluids and promote a remineralizing and detoxifying action. Its formula is also enriched with Centella and Escin which stimulate the microcirculation relieving the sense of heaviness and swelling in the legs.





#### **PROBLEMS**

- Water retention
- Bad skin microcirculation
- Swelling
- Heavy legs
- · Edematous cellulite



#### **EFFECTS**

- Draining
- Vasoprotective
- Detox
- Remineralizing
- Reducing



Size 250 ml

Product included in the kit and not sold individually

#### MAIN ACTIVE INGREDIENTS

#### NIOCONTROL™

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#### SALTS OF MAGNESIUM SULPHATE HEPTAHYDRATE AND MAGNESIUM **CHLORIDE**

They promote an intense draining action, counteracting water retention. In addition, they give tone and remineralize the skin and tissues

#### **INSTRUCTIONS**

Bandage each leg starting from the ankles up to the abdomen, taking care not to over-tighten. Wrap the client with a with cartene pants and leave on for 30 minutes. It is recommended to use the treatment in combination with pressotherapy and infrared. Avoid contact with sensitive areas. Rinse your hands thoroughly after application. PROFESSIONAL USE.



The package contains n. 2 bandages 10 cm x 10 m in extension (46% Viscose - 54% Polyamide)



INGREDIENTS: AQUA (WATER), MAGNESIUM CHLORIDE, MAGNESIUM SULFATE, ALCOHOL DENAT., PROPANEDIOL, GLYCERIN, BETULA ALBA (BIRCH) LEAF EXTRACT, CENTELLA ASIATICA (PENNYWORT) EXTRACT, ESCIN, SODIUM GLUCONATE, CAFFEINE, POLYGLYCERYL-10 LAURATE, POLYGLYCERYL-6 OLEATE, COLEUS FORSKOHLII (COLEUS FORSKOHLII) ROOT EXTRACT, POTASSIUM SORBATE, CAPRYLYL GLYCOL, 1,2-HEXANEDIOL, PARFUM (FRAGRANCE), SODIUM DEHYDROACETATE, XANTHAN GUM, SORBITAN PALMITATE, SODIUM HYDROXIDE.