# PRODUCTS

# .150 PURITY

Purifying and exfoliating treatment

Professional treatment of the first RESET phase of the Arosha method that exfoliates the epidermis, stimulates skin microcirculation and oxygenates the tissues for a skin that is deeply purified, renewed and ready to receive subsequent RESTORE and ATTACK treatments.



(111)

Cod. Art.: ARO205015

# PROBLEMS

- Dull skin
- Asphyxiated skin
- Impure skin with imperfections
- Skin in need of regeneration



- Removal of dead cells
- Deep cleansing
- Cell renewal
- More effective squeezing of comedones

# THE KIT CONTAINS

10 .151 VITAMIN C .151 VITAMIN C

### INFO

Complete instructions inside the kit.

It can also be used as a "one shot" treatment and is an excellent ally to prepare the facial skin for professional cleansing, guaranteeing a more effective squeezing of blackheads.

THE KIT CONTAINS 10 treatments for 10 clients: one treatment is enough to have immediate results. The treatment can be offered to customers of any age and at any time of the year including summer. It is suitable for sensitive skin.

FOR BEST RESULTS it is recommended to perform a scrub at home once every 10-15 days using .517 SUGARGEL SCRUB

## **BEAUTY TIPS**

.150 PURITY can be combined with.100 DETOXY treatment for a full purifying and oxygenating face-body action.



AROSHA

# HOW TO USE

1 - Cleanse face, neck and décolleté with .153 CLEANSING CREAM..

2 - Apply .154 TONIC LOTION to face, neck and décolleté with a cotton pad, rubbing gently.

**3** - Empty the content of .151 VITAMIN C vial into a small bowl. Add 8 -10 drops of water to the powder using the same vial as a measuring and mix with a spatula to obtain a gel. Apply to face, neck and décolleté, massaging gently for a few seconds and leave on for up to 2 minutes. Do not rinse.

**4** - Apply the entire contents of the .152 PNEUMATIC PEEL sachet on face, neck and décolleté and proceed with the manual PNEU-MATIC MASSAGE as per tutorial\*. At the end, carefully remove the product residues with a damp cloth.

**5** - Conclude the treatment by applying on the treated areas one of the following AROSHA creams, depending on the customer's skin type, massaging until completely absorbed:

- EXTRA NOURISHING CREAM TEXTURE RICH (dry skin)
- EXTRA NOURISHING CREAM TEXTURE LIGHT (oily skin)
- REGENERIST (sensitive and fragile skin)

### TOTAL TREATMENT TIME

20 minutes.

### **AROSHA PNEUMATIC MASSAGE**

Specific treatment that promotes tissue drainage and oxygenation by exploiting the action of skin suction. A mix of pressure and skin release maneuvers, called "butterfly", that are possible thanks to the special texture of AROSHA .152 PNEUMATIC PEEL, specially designed to produce the adhesive effect necessary between the hands of the beauty specialist and the skin of the customer.

#### EXECUTION

Starting from the décolleté perform, with both hands at the same time, "butterfly" maneuvers for 8 repetitions. Precisely, with the palms of the hands, gently lift and accompany the skin from the inside to the outside, removing the palm of the hand from the index finger towards the little finger. After the 8 repetitions on the décolleté, repeat the same operation in succession on:

- neck (direction towards the heart)
- oval of the face (direction towards the ear)
- under the cheekbone (direction towards the ear)
- temples (direction towards the hair)
- forehead (direction towards the temples)
- eyelids (direction towards the forehead)

After completing the maneuvers on each of the listed areas, repeat everything for a second time.

It is recommended to perform the massage gently without abruptly detaching the palms of the hands from the skin. Always use vinyl gloves. The lifting of the skin will be more intense in the second part of the massage when the product, after a few minutes of processing, will be more "adhesive".

### **BEAUTY TIP**

For a lifting effect, gently lift the masseter area from the chin towards the temple with the palm of your hand for 8 repetitions. First on one side of the face and then on the other. If necessary, repeat a second time.

### NOTES



Watch the tutorial on the Youtube channel: https://www.youtube.com/watch?app=desktop&v=KSEfYbehYWY

# .151 VITAMIN C Vitamin C powder

Powder composed of 90% Vitamin C known for its high antioxidant and illuminating power. Thanks to its slightly exfoliating action, it mechanically removes dead cells from the epidermal surface that hinder oxygenation, promotes physiological skin turnover, smoothes the skin and purifies it by freeing it from impurities.



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### MAIN ACTIVE INGREDIENTS

#### ASCORBIC ACID

Vitamin with high antioxidant power capable of counteracting the action of free radicals, slowing down skin aging. It also acts on the relaxation of the tissue by stimulating the skin to produce the right amount of collagen. In addition, by carrying out a slightly exfoliating action, vitamin C improves the complexion by giving skin uniformity.



- Light exfoliation
- Even and radiant skin
- Soft and smooth skin

💮 Single-dose vial 0.5 g

Product included in the kit and not sold individually

### INSTRUCTIONS

See how to use on the kit. Store at a temperature between 10 OC and 30 OC (50-86 OF). For external use only. Avoid contact with eyes, mucous membranes and non-intact skin. Rinse immediately in case of irritations. PROFESSIONAL USE.



# .152 PNEUMATIC PEEL Massage peeling

Exfoliating gel based on latest generation polyhydroxy acids that help to delicate eliminate dead skin cells. Its innovative texture has been specially designed for the "pneumatic massage", a special treatment which, through actions of pressure and release of the skin, promotes the stimulation of the microcirculation and drainage, helping it to eliminate the toxins accumulated in excess. The result will be a deeply purified, renewed and regenerated skin.

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### MAIN ACTIVE INGREDIENTS

#### LACTOBIONIC ACID

Disaccharide formed by the association of gluconic acid, a polyhydroxy acid, and a sugar molecule, galactose. Promotes gentle exfoliation and cell renewal, modulating the keratinization process. Applied to the skin, it tends to produce a thin surface film; in fact, due to the high molecular weight, it is difficult to penetrate the skin compared to the smaller alpha-hydroxy acids. At the same time, this slower and more delicate

### 💮 EFFECTS

- Exfoliation and tissue regeneration
- Purified and oxygenated skin
- Even and radiant skin
- Detoxified skin

Single-dose sachet 4 ml

Product included in the kit and not sold individually

# absorption makes it more tolerated by sensitive skin. In addition, it has antioxidant and soothing properties and

has a stimulating effect on collagen

#### production. GLUCONOLACTONE

Like Lactobionic Acid, it is a polyhydroxy acid. Applied to the skin, it promotes exfoliation, modulating the keratinization process and stimulating skin renewal. From a chemical point of view, it consists of a lactone ring which releases gluconic acid, responsible for the molecule's activity, due to the hydrolytic action of the skin's moisture. Gluconolactone has a strong long-term hygroscopic and moisturizing power, thanks to the presence of numerous hydroxyl groups. It also has good antioxidant and restoration capabilities of the damaged skin barrier. Unlike the most common chemical exfoliants it is not irritating and does not induce photosensitization

### **INSTRUCTIONS**

See how to use on the kit. For external use only. Do not swallow. Avoid contact with eyes, mucous membranes and non-intact skin. Rinse immediately in case of irritation and stop using the product. PROFESSIONAL USE.



