



REDESIGN YOUR BODY

IN A SESSION
OF ONLY 30 MINUTES

COMBINED
REMODELING WAVES



CHECK-UP		
01. RESET	02. RESTORE	03. ATTACK
BOOST		

TARGETED ACTION

- ✓ GLUTEUS
- ✓ ABDOMEN
- ✓ LEGS
- ✓ INNER AND OUTER THIGHS